

10/10/2023

Started at 4:00pm. Welcome.

Meredith and Kat are introduced to committee members.

Today's goal is to talk about the triennial review and tracking program.

National School Lunch Program – policy and triannual needs to be reviewed. Policy needs updating and assessment needs to be done.

Three areas that need to be updated: 1. New POS system, JLCF-R 2. USDA smart snacks approved 3. Channel 1 remove and change in R document

Meredith will make changes and send them to the Policy Committee for review. Gianna would like to see the changes. The update will be sent to all committee members.

Meredith is working to continue to add local food such as butternut squash, grass feed meat and apples. Parents' comments and concerns have lessened. Looking into compostable products. We have recyclable products in the MS and HS. Elementary schools are almost plastic free, working on this for MS first and then HS after.

Updates Around the Room:

HS – Student Senate initiated the Mental Health Panel Monday Oct. 23rd “Breaking the Stigma” Panel: Two members from NAMI, Therapist who is a student’s parent, Student, Staff Member. Kids and panel members are working on questions and structure now. Connect Suicide Prevention – Peer to Peer (with adult support) work happening now in advisory.

MS – Advisory is running well. Shift for staff wellness focus as well. Starting our signs of suicide program in Health class with 8th graders, counselors will attend to support the program.

ES – Open Circle running well.

District Activities offered at TW Day and hope to continue this at each TW Day. Yoga, walking, basketball, baking, etc. Feedback has been positive. Hope to continue this.

Wellness Committee starting at MS for faculty.

One possible student rep identified: Elise Bacon, a current 10th grade student. Youth Mental Health Meeting October 17th second FLEX there may be someone from this group that may be interested.

Dates moving forward: 4:00pm; November 13, Feb. 12, May 13; Teams Meetings

Are we interested in having a mental health committee in addition – gap in the district about mental health with the students. Community members would like to talk about what is happening in the schools. Dover Mental Health Alliance was also discussed – creating a similar group at Oyster River
Dover Mental Health Alliance – Community support for Mental Wellness

Updates on Plastic Free Lunch in November and ending use of plastic bottles discussed.

End at 4:37pm